## OAK PARK UNIFIED SCHOOL DISTRICT ADMINISTRATIVE REGULATION

Series 5000 Students AR 5131.62

## Tobacco

## **Tobacco Use Prevention Education**

Instruction for students in grades 4 through 8 shall address the following topics: (Health and Safety Code 104420)

- 1. Immediate and long-term undesirable physiologic, cosmetic and social consequences of tobacco use
- 2. Reasons that adolescents say they smoke or use tobacco
- 3. Peer norms and social influences that promote tobacco use
- 4. Refusal skills for resisting social influences that promote tobacco use

The district's program for grades 9 through 12 shall:

- 1. Target current smokers and students who are most at risk for beginning to use tobacco, including young women, low-achieving students, students from families whose members include tobacco users, and students who associate with peers who use tobacco
- 2. Offer or refer students to precessation readiness classes or cessation classes for current smokers
- 3. Utilize existing antismoking resources

(cf. 6142.8 - Comprehensive Health Education) (cf. 6143 - Courses of Study)

Adopted: 9-17-02